

ROTARY CLUB OF WELLINGTON POINT
FORTNIGHTLY NEWSLETTER
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THE
WELLO HELLO

Rotary 
Club of Wellington Point

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Rotary  |  **Rotary Opens
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Matt's Message...

Dear Fellow Rotarians

Welcome to another wonderful Rotary week. Preparations are underway to build our changeover/anniversary night set for the 4th September (fingers crossed). I would like to take this moment to thank the people involved in completing this task, with the restriction still in place we have had to work with what we can have which we believe will still be an awesome night with the difficulties.

There's not too much more I can say right now with this being early days of our Rotary year but I look forward to bringing you information on exciting new and ongoing club projects in the near future.

So due to the lack of information I can share with you, maybe I can use this space to tickle you a little bit. –

Here Goes...

So, I went into my local bar today, I had a big grin on my face and I asked the bartender for the largest pot of beer he had – the bartender looked at me and said you look like your celebrating something – I said to him I have been given three months to live – the bartender said oh my goodness what is it cancer... I said no my wife has gone on holiday!

My wife asked me for a bit of peace and quiet while she cooked dinner - so I took the battery out of the smoke alarm.

I was on a diet and as part of the diet I was told to drink 8 cups of water a day - isn't it funny how drinking 8 cups of water a day seems near impossible but 8 beers and 7 shots in two hours go down like a fat kid on a see saw.

*I love cooking, I like to try new ingredients all the time
- I try cooking with wine once – after about three
glasses I forgot what I was in the kitchen for.*

Speaking of cooking here's one of my simple to make favourite recipes - enjoy - stay safe, I look forward to seeing you at our next meeting.

Fruity Rotary Roll

Ingredients

1 cup raisins
1 cup sultanas
0.5 cups unsweetened apple juice
125g Philadelphia cream cheese
0.5 cups SPLENDA low calorie sweetener
1 cup self raising flour
1 cup wholemeal self raising flour
0.5 teaspoons cinnamon
0.5 cups low-fat milk

Method

1. Preheat oven to 200°C and lightly grease a baking sheet
2. Combine raisins, sultanas and apple juice in a microwave-proof bowl. Cover with plastic wrap and microwave on high for 5 minutes, cool
3. Beat cream cheese and SPLENDA® Granular together
4. Add flour, cinnamon and sufficient milk to form a manageable dough (extra milk may be required)
5. Place dough on a lightly floured board and roll out with a pin into a rectangle approx 35 x 25cm
6. Place fruit filling along one of the longer sides of the rolled pastry then roll the pastry over to encase the filling
7. Lift fruit roll onto prepared baking sheet and cut slashes in the top of the roll approx 1cm apart
8. Bake for 25-30 mins or until lightly golden on top
9. Cool fruit roll then cut into pieces using the slashes as a guide

rest in peace

**President David Tighe
Rotary Club of Wynnum and Manly - 31st July 2020**

The Rotary Club of Wynnum and Manly are deeply saddened by the sudden passing of our Club President David Tighe.

Dave is survived by wife Liz and sons Adam and Josh who will continue to be surrounded by the love and support of our Rotary family.

~ Vale President Dave ~

There are no funeral arrangements as yet. We will forward any information as it comes to hand.

Changeover Dinner and 10 Year Anniversary Celebration

It's not every day that you turn 10. Let's get together on the 4th September to celebrate the club milestone and welcome our President Matt Knight and Board members.

A time to reflect on the clubs past and those that have helped to shape who we are, and to acknowledge the community members both past and present who have influenced the character and values that embody the vibrant, engaging and prosperous club we see today.

RSVP with payment to Treasurer Peter Moody.

Remember to wear your BLING!!



Back to Live Meetings at the Redlands Sporting Club

Members were finally able to meet face-to-face at the Redlands Sporting Club on the 22 July. Even though the new seating arrangements were similar to that of a classroom, it didn't deter the positive energy or genuine relief to be back.

Throughout COVID-19 restrictions, we connected via ZOOM meetings. Although under the circumstances it was an effective way to communicate, nothing beats the spirit of friendship in our group as we come together to support and discuss the needs and wants of our community.



ROTARY ROSTER + EVENTS

4 WAY TEST

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendships?
- Will it be beneficial to all concerned?

DATE	MEETING LOCATION	ATTENDANCE	CHAIRPERSON	TOAST - AUSTRALIA	SPEAKER INTRO	SPEAKER	SPEAKER TOPIC	SERGEANT
5-Aug	Front Room	Catherine Smith	Denise Kolze	Neil Waterer	-	-	-	Steven Knight
12-Aug	Front Room	Sharon Widt	Peter Moody	Matty McKenna	Sharon Widt	Mr Rowarn Luder Rotary Interplast	Health	Steven Knight
19-Aug	Front Room	BOARD MEETING	BOARD MEETING	BOARD MEETING	BOARD MEETING	BOARD MEETING	BOARD MEETING	BOARD MEETING
26-Aug	CLUB SOCIAL EVENT	CLUB SOCIAL EVENT	CLUB SOCIAL EVENT	CLUB SOCIAL EVENT	CLUB SOCIAL EVENT	CLUB SOCIAL EVENT	CLUB SOCIAL EVENT	Steven Knight
2-Sep	Front Room	Eileen Haslemore	Tony Mills	Sharon Widt	-	-	-	Steven Knight
DATE	EVENT	LOCATION	TIME	VOLUNTEERS	CONTACT	MOBILE/EMAIL	ACTION	SPECIAL NOTES
8-Aug	BUNNINGS BBQ TRIAL - assisting St Vincent DePaul	Bunnings Capalaba	2 Morning Volunteers + 2 Afternoon Volunteers	YES	Matty McKenna m: 0402 284 289	matty.mck@gmail.com	Sizzle Sausages	Wear Rotary Shirt
4-Sep	Club Changeover Dinner	Redlands Sporting Club	6.30pm	YES	Matthew Knight	m: 0455 468 035	Help set up/clean up	-
5-Sep	Donations in Kind	23 Mary St Kingston	8am to 12noon	Yes	-	-	Packing health and educational equipment into shipping containers + general house keeping	Bring gloves, hat, water enclosed shoes.
7-Oct	DG Patrice Robinson Visit to our Club	Redlands Sporting Club	Members Arrive 6.15pm - DG arrives 6.30pm	-	-	-	-	Let's all join in and meet our new DG
10-Oct	World Mental Health Day							